

Hollywood Scrambled Eggs

Ingredients

5 egg whites
1 slice veggie cheese
fresh basil, chopped
salt & pepper to taste

Cooking Instructions

- Crack eggs in bowl, discarding yolks.
- Heat pan, add egg whites and basil.
- Add veggie cheese when eggs are turning opaque.
- Add salt and pepper to taste

Nutritional Facts

Calories—130
Fat—2 grams
Saturated Fat—0 grams
Sodium—260 mgs
Protein—21 grams